

MONTHLY REVISION PLANNER



LIMAVADY
GRAMMAR SCHOOL

Number of Subjects Number of Revision Sessions Number of sessions per subject

MONDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	TUESDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	WEDNESDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	THURSDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	FRIDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	SATURDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>	SUNDAY _____ Subject/Class Task ✓ _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/>
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SESSIONS
Consider how long each session will last (between 30 minutes to an hour is ideal). Think about how many sessions you will have time to fit in every night. You can't do everything!

BREAKS
Breaks should last for about 5 minutes. This will help you consolidate. It's a chance to have a snack, go to the toilet or have a walk about.

SPACED PRACTICE
Research tells us it is better to study a little bit over several nights rather than a lot on one night. This gives time for consolidation. This means the information will stick in your head better.

DISTRACTIONS
Look around. What do you see? Are there any distractions you can remove like your phone?