This is the new question "what did you do during the Coronavirus crisis" could become an interview staple.

Employers will be looking for candidates who were able to adapt to the moment, change their plans, gauge how they could contribute and act. This period will be marked in your cv and recognised by employers as entirely unusual. The most valuable and accessible work experience you could gain at the moment might be working in a supermarket, working as a delivery driver or in a call centre or care home. Perhaps not quite what you had in mind, but in this climate, it also shows an employer you are adaptable, resilient and willing to get stuck in; and every employer values that.

Barclays Lifeskills

Virtual Work Experience gives you a unique opportunity to gain work experience in a company that you might not normally get access to while highlighting the essential skills you might need.

You'll get to see the inner workings of Freeformers, a 'digital transformation' agency, and actively work with different departments on one exciting project, helping them solve problems and complete real-life tasks. As part of the experience you'll also see lots of tips as well as links through to other LifeSkills content. These are designed to help you learn how best to deal with situations you may come across in the workplace. By clicking on the links you'll get the most out of your Virtual Work Experience and learn more about the vital skills you'll need in the workplace.

To use Virtual Work Experience and the other great tools on our site simply log in or sign up for free.

https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience

Medicine Brighton & Sussex Medical School

This course provides a 'virtual' work experience for those looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.

Enrol for free

https://bsmsoutreach.thinkific.com/courses/VWE

Medicine - Observe GP

Observe GP is an alternative to work experience for aspiring medics aged 16 and over, who are living in the UK. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx

The Mullany Fund 0- a social mobility charity

https://themullanyfund.org/en/what-we-do/virtual-work-experience/

The Coronavirus restrictions means that work experience placements cannot currently go ahead, and universities will be able to advise students planning to make a UCAS application from September.

In the meantime, we've asked some of our fantastic Mullany e-Mentors to talk to us about what life is like in their professions. Hopefully, they'll provide some useful insight into specific careers and help to give our students a 'virtual experience' of a day in the life of a relevant job.

We'll be adding more contributions as we receive them. Click on the relevant link to hear from a mentor about their experiences.

Video Resources provided

- A day in the life of a research scientist.
- A day in the life of a virologist.
- A day in the life of a forensic science lecturer.
- A day in the life of a pharmacist
- A day in the life of a GP.
- A day in the life of a GP (Welsh version).
- A day in the life of a marine biologist.
- A day in the life of a vet student.

Law - White & Case

White & Case is a global law firm of more than 2,000 lawyers worldwide. We've built an unrivalled network of 44 offices in 30 countries. That investment is the foundation for our client work in 180 countries today. Complex client projects, nuanced local market knowledge and global capabilities define who we are. Many White & Case clients are multinational organisations with complex needs that require the involvement of multiple offices. As part of our training contract, we offer every trainee a guaranteed six-month overseas seat.

Virtual work experience

Gain an insight into the fast-paced work of our lawyers and trainees by enrolling in our virtual work experience programme. There is no application required and the programme is self-paced to fit around your schedule. This experience will be recognised on our application forms and it is a great way to demonstrate your interest in law and White & Case. Follow the link for more information and to register.

If you require any additional support throughout the recruitment process, please contact our Disability & Support Champions to discuss in confidence on 020 7532 2899 or at londontrainee@whitecase.com

https://www.allaboutlaw.co.uk/law-jobs/job/1910021129/training-contracts-virtual-work-experience-

Law - Pinsent Masons

Our virtual programmes give you the opportunity to see behind the scenes of Pinsent Masons. We'd be delighted to welcome you to our Vacation Placement programme, but this allows you to 'try before you buy'.

Our virtual experience will help you decide if a career in law is right for you before you even start your application.

In the programme, you'll assist a hypothetical Pinsent Masons client. You'll gain practical skills to add to your CV whilst getting a flavour of what working at Pinsent Masons is like.

Ready to take the law into your own hands? Enrol today!

https://graduate.pinsentmasons.com/your-route-into-law/work-experience/virtual-work-experience/

Insidesherpa work experience programmes

Learn from top companies and set yourself apart.

In our virtual work experience programs, top companies teach students the skillsthey hire for BEFORE they hire you.

https://www.insidesherpa.com/

Law Jacksons Law firm

At Jacksons we have, for a number of years, had students attending our offices on work experience placements. More often than not, there wasn't a week that went by when we didn't have students in our offices. We want to continue to support students and develop their work experience and we have therefore devised a virtual work placement scheme which can be undertaken during lockdown.

We have created a series of questionnaires based on two areas of law in which we specialise; Private Client and Property. They are split into tiers, with the first tier being accessible to all students and tiers two and three being aimed at university students.

All you need to do is click on the links below, complete the relevant questionnaires and email your entry to Emily Robertson at erobertston@jacksons-law.com. Remember that tier one is for all students and tiers two and three are for university students.

The best entry each week will win a practice interview with either the work experience supervisor Emily Robertson, or one of our trainee solicitors Rebecca Webster. Please note, we are limiting entries to ten per week.

The overall best interview will be granted practical work experience once we are back in the office after lockdown.

Tier One - Private Client

Tier One - Property

Tier Two – Private Client

Tier Two – Property
Tier Three – Private Client
Tier Three – Property

Example Lease

If you have any questions, please email Emily Robertson erobertson@jacksons-law.com.

But virtual work experience isn't the only way you can find information about careers online. Here are a few more resources you can use to get a taste of your dream career.

1.Study Work Grow Job Spotlights

Each week we release our job spotlights, showcasing a different job and the skills and pathways you need to get there.

Take a look through the huge variety of careers we've featured here: https://studyworkgrow.com.au/job-spotlights/

And don't forget to check back each week to see what's new.

2.SkillsRoad 360 Virtual Workplace

Get a look at a workplace in 360 degrees and find out more about individual careers featured in short videos.

Check it out here: https://www.skillsroad.com.au/360virtualworkplace