



## WORK INSPIRATION – Health & Social Care

To help your students explore a range of careers and use resources that will help them assess their skills and abilities.

What better time to explore the roles of those staff who are working to save us and care for us in the community.

Explore a selection of generic careers websites:

- <https://www.healthcareers.nhs.uk/explore-roles>
- <https://www.stepintothenhhs.nhs.uk/careers>
- <https://www.allaboutcareers.com/careers/industry/health-social-care>
- A self-assessment [tool](#) for health careers
- **BBC Make It**  
Selection of careers [videos](#) from across health trusts in Northern Ireland
- **Careers Wales webinar**  
[Let's Talk](#) Careers in Health Care
- **We are Global Nurses**  
A short [video](#) showing just how amazing nurses and midwives are. 2020 is the International Year of the Nurse and Midwife.

- **University of Birmingham Blog**  
5 videos every aspiring healthcare professional should [watch](#) this week.
- **Department of Health NI**  
Nursing and Midwifery Careers in Northern Ireland [website](#)  
Within the Department of Health – Allied Health Professionals (AHPs) refers to 12 professional careers – [explore](#) the list
- **NI Social Care Council**  
Explore a career in [Social Care](#)  
Explore a career in [Social Work](#)  
Degree in [Social Work in NI](#)  
Meet local [Ambassadors](#)  
A Question of Care – A Career for you? [Do this interactive quiz](#) and at the end you'll receive a detailed personal profile that tells you if you've got what it takes to work in this sector

Work Inspiration  
An initiative of



The Responsible  
Business Network  
Northern Ireland



## Speakers for Schools – Virtual Careers talks

[Liz O’Riordan, Retired Consultant Breast Surgeon, breast cancer patient and the author of The Complete Guide to Breast Cancer](#). Liz’s talk with 11-18 year olds focuses on how to cope when bad things happen, developing resilience and self-care strategies during difficult times and how setting goals can help. She introduces her talk about how she got into a career in medicine from school and why she choose this specialism.

## Belfast Health and Social Care Trust

- The Trust Experience – [video](#) outlining the Trust and the scope of its work.
- Being Belfast [video](#) showcasing some of the many work areas within Belfast Trust that come together to make up the organisation.
- [Testimonials](#) from a range of Belfast Health and Social Care Trust nurses about their careers
- [Hear](#) from Chloe, a Band 5 Midwife.
- A [snapshot](#) of a career as a Children’s Occupational Therapist
- Some [brief career snapshots](#) on the Trust website
- If 18+ [explore volunteering](#) in the Trust

## South Eastern Health and Social Care Trust

- I am the Patient Experience - [video](#) outlining the importance of all that staff do to shape and influence the patients’ experience.
- Ulster Hospital Laboratory [Tour](#)
- [Overview](#) of the Work Inspiration and South Eastern Trust Medical Work Experience Programme.
- Student Midwifery Careers [Resource](#), development supported by Work Inspiration
- An [insight](#) into a range or career roles in the Trust
- If 16+ [explore volunteering](#) in the Trust

## Southern Health and Social Care Trust

- Explore the role of a [Disability Support Worker](#)
- Explore the role of a [Clinical Fellow in Medicine](#)
- Explore the role of a [Supported Living Support Workers](#) for adults with a learning disability
- If 16+ [explore volunteering](#) in the Trust

## Northern Health and Social Care Trust

- Explore what it is like to [work in Causeway Hospital](#)
- Explore the role of an [Emergency Nurse Practitioner](#)
- Important role of the [Hospital Pharmacy Team](#)
- Short [nursing recruitment](#) video
- [Explore volunteering](#) in the Trust (unsure of age)

## Western Health and Social Care Trust

- Meet the [Heroes](#) of the Western Trust
- Work in [Social Work](#) in the Western Trust
- Important role of [Homecarers](#) in the Trust
- See [Patient’s Journey](#) on arrival at the Omagh Hospital and Primary Care Complex – from an internal staff point of view
- [Explore volunteering](#) in the Trust (unsure of age)

## Northern Ireland Ambulance Service (NIAS)

- Overview of [Ambulance Service Careers](#)
- Explore careers on the [NIAS website](#)

## Health and Social Care NI

- Overview of the range of careers across the [disciplines](#) in Northern Ireland

## ASPIRING MEDICS

The [Royal Society of Medicine Careers page](#) is a good start for aspiring medics and their link with [The Medic Portal](#).

## 'Virtual' Medical Work Experience

### • **Observe GP**

New and launched on 30 April, this is an alternative to work experience for aspiring medics aged 16+. It is a free interactive video platform providing insights into the role of a GP, created by the [Royal College of General Practitioners](#) (RCGP). Watch a seven minute teacher webinar introducing the [Observe](#) a GP platform that will suit students aged 16+ who are aspiring medics

- **Brighton & Sussex Medical School (BCMS)** [Brighton & Sussex Medical School](#) virtual work experience programme for those looking to apply to medical school. Here is an [all you need to know](#) about the programme. Before doing this programme as it will take some time and commitment, read this useful [review](#).
- A [blog](#) on best work experience alternatives if work experience is unable to occur
- [Medical Schools Council](#) has published [guidance](#) for gaining relevant experience during the pandemic

## Medicine – University Related

- How to [prepare](#) for medical interviews
- [Guide](#) to Medicine Degrees
- [List](#) of Medicine Degrees
- 2020 [entry requirements](#) for UK Medical Schools
- **UCAT** – [Update](#) page for University Clinical Aptitude Test
- **BMAT** – [Update](#) page for BioMedical Admissions Test
- If you are worried about how COVID-19 will impact your medical school application - this [page](#)

will keep you up to date with content from UCAS and Medical Schools Council

## Medicine Twitter Accounts to follow

- [https://twitter.com/swot\\_UP](https://twitter.com/swot_UP) - QUB
- <https://twitter.com/BecomingaDr>
- <https://twitter.com/themedicportal>
- [https://twitter.com/we\\_are\\_medics](https://twitter.com/we_are_medics)

It is also worth following them on [Instagram](#) for their Q&A sessions and other useful resources

## Resources for completing a medical application

- A [useful resource](#) with links for those completing a medical application
- [Example of MMIs](#) used at QUB for Medicine
- [Medicine Personal Statement webinars](#) (there is a cost)
- [10 Step Checklist](#) for a medicine personal statement
- An [example](#) of a medical personal statement

## Resources to expand medical career knowledge

- [Medical Mavericks](#) selection of short videos
- 3 medical [docuseries](#) on Netflix that are recommended to watch
- Some recommended [reads](#) for aspiring medics and some further [lockdown](#) reads
- University of Birmingham Blog - A [whole selection of blogs](#) – written by current students for aspiring applicants
- Read the [diary of Mr Niall Eames](#), who is the Clinical Director and Consultant Spinal Surgeon describing his time in the Nightingale Hospital in Belfast as he volunteered to work in a COVID-19 ward.

**We have separate factsheets that relate specifically to the Creative Industries and a generic one too.**

**To find out more about our Work Inspiration programme, please contact [joanne.mehaffy@bitcni.org.uk](mailto:joanne.mehaffy@bitcni.org.uk), or visit [www.bitcni.org.uk/programmes/work-inspiration/](http://www.bitcni.org.uk/programmes/work-inspiration/) or [www.workinspiration-ni.com](http://www.workinspiration-ni.com)**