

### Travel Brief

- Please ensure that you have a valid passport and that it is valid for the entire duration of your stay with a validity of 3 months, preferably 6 months. If less than 3 months please contact the Embassy of your country of destination to ensure that you can travel
- Visa Requirements: Members of your travelling party who are not Irish or UK citizens may need a visa to travel to their chosen destination. It is also important to note that passport holders, not from countries aforementioned may require a visa if departing from Northern Ireland as they will be transiting via Belfast, and UK visa laws will be enforced. The obtaining of relevant visas is the responsibility of the person concerned
- Flight timings are subject to change within 48hrs of departure
- Where it applies please carry any personal medication in your hand luggage
- Please ensure that the name on your booking form is as it appears on your passport
- There are no obligatory vaccinations or inoculations required for travel to Italy
- Topflight for Schools will not accept responsibility for flights cancelled by Airlines due to late arrival for check in as per your itinerary
- Please note that the above itinerary may be subject to change
- Timings are based on the 24hour clock- e.g. 18.00hrs =6.00pm
- Unit of Currency in Norway - Norwegian Krone

### Safety

**Safety is of paramount importance and we ask that as Group Leader, you ensure that all participants on your ski trip are aware of the behaviour expected on the piste, and that each student is informed of the guidelines below. Freeskiing is not recommended and in the interests of safety, we advise that students are accompanied on the piste by a ski instructor, ski guide or a group leader who is an experienced skier at all times. It is extremely important that group leaders are aware of which slopes students are skiing on, when not in lessons, to ensure that they do not stray onto slopes that may be unsuitable for their ability level. Off piste skiing is not covered by our Insurers.**

#### **Etiquette on the piste**

All around best golden rule-**the skier in front has the right of way**-this rule is often one of the hardest to adhere to and understand. Though you may be in control while the person in front of you is skiing erratically, it is your responsibility as the skier in back to react to what happens in front of you. In the case of a collision, no matter who cut who off, the skier in back is always the responsible party. Whether you're crossing a piste, making a turn, or stopping, remember that it is *your* responsibility to avoid the skier in front of you.

**No skiing on closed pistes**-this is never OK. Pistes are closed for a reason, and entering a closed piste can be very dangerous and will most likely result in your pass being taken away by Ski Patrol. Pistes are closed for reasons of safety and must always be respected. Always, always stay on piste.

**Skipping the queue**- queue or line cutting anywhere is just plain old bad manners. Everyone wants to ski, but we all have to wait at some point. Be patient and your turn will come!

**Speed control-** this is very important. Skiing too fast can have very serious consequences. Always ski within the limits of your abilities and remember that to ski in control shows real skill. Skiing too fast is not clever and never advisable.

**Share the piste-** when a piste gets busy it can be tough to anticipate where people are headed. The best thing you can do is to be aware of where you're skiing to stay safe and hope that the people around you are doing the same. Share the piste and be considerate of others!

**Lunchtime-** on a busy day or weekend the cafes and restaurants can be very busy. Often there's not much room to breathe let alone eat or put your boots on, if you have extra space at your table, please share it!

**Chairlift/gondola etiquette-** one more helpful tip-warn the other skiers/boarders before you put the bar down on the chairlift. No one wants to get hit in the head! Same applies when lifting the bar up, upon arriving on the top of the piste.

